

WHIPPED

Rainbow Shortening

LIMIT 1 WITH \$10.00 PURCHASE

42 OZ. CAN

.99

Morton Salt 26 OZ. BOX **.34**

TEXSUN PINK

Grapefruit Juice

46 OZ. CAN

.59

ALL GRINDS COFFEE

Maryland Club

1 LB. CAN

\$1.99

DECORATOR OR ASSORTED

Spillmate Towels

3 1/2 OZ. BTL

.59

TRUE VALUE

Apple Juice

64 OZ. BTL

\$1.39

CHARCOAL

Sure Start

10 LB. BAG

\$1.79

OLD

El Paso Nachips

7 1/2 OZ. BOX

.89

KRAFT

Grape Jam

18 OZ. JAR

.79

FRISKIES BUFFET

Cat Food

6.5 OZ. CANS FOR

3 \$1

MIGHTY DOG CANNED

Dog Food

6.5 OZ. CANS FOR

3 \$1

NICE N' SOFT ASSORTED

Bath Tissue

6 ROLL PKG

\$1.49

NICE N' SOFT

Facial Tissue

200 CT. BOX

.59

GOOD VALUE CHUNK LIGHT

Tuna

6.5 OZ. CAN

.69

GOOD VALUE MEDIUM

Grain Rice

4 LB. PKG

\$1.29

ORTEGA

Taco Shells

10 CT. PKGS

2 \$1.50

ORTEGA

Tostada Shells

4 OZ. PKGS

2 \$1.50

ORTEGA

Taco Seasoning

3/PACK

2 \$1.50

GLAD

Trash Bags

20 CT. BOX

\$2.09

GOOD VALUE MEDIUM ELASTIC LEG

Diapers

36 CT. PKG

\$5.29

GOOD VALUE PINK, LEMON OR LIME LIQUID

Detergent

32 OZ. BTL

.99

PETS CHOICE DRY

Dog Food

5 LB. BAG

\$1.39

GOOD VALUE 3 VARIETIES LAYDOWN

Candy

9 OZ. BAG

\$1.09

RAINBOW CREAMY OR CHUNKY

Peanut Butter

16 OZ. JAR

\$1.17

ALL GRINDS 3 LB. CAN

COFFEE

2 LB. CAN

\$5.37

INSTANT COFFEE 4 OZ. 2.19, 8 OZ. 13.75 OR

Maryland Club

2 OZ. JAR

\$1.29

BEEF CHUNKS

Alpo Dog Food

14 OZ. CANS

2/.89

FOR YOUR DOG

Alpo Liv-A-Snaps

6 OZ. BOXES

2/.89

ALPO

Dry Dog Food

10 LB. BAG

\$3.99

VERA FACIAL

Tissue

150 CT. BOX

.59

FAMILY PACK RAINBOW

Zee Napkins

360 CT. PKG

\$1.49

GOOD VALUE PINK

Salmon

16 OZ. CAN

\$1.99

GOOD VALUE

Lasagna

8 OZ. BOX

.51

D-CON 15 OZ. CAN

Four Gone 84

27 OZ. JAR

\$5.99

GOOD VALUE BREAKFAST

Orange Drink

26.7 OZ. BOX

\$1.99

HUNGRY JACK MASHED

Potatoes

3-8.45 OZ. PKG

.79

DUNCAN HINES

Cake Mixes

18.25 OZ. BOX

.79

ASSORTED VARIETIES

Duncan Hines Frostings

16.5 OZ. TUB

\$1.19

MINIMAX GIGANTIC

REGULAR OR GEL

Crest Toothpaste

8.2 OZ. TUBE

\$1.79

Break-Beef-Fast Starts The Day Out Right!

Beef, although a bit uncommon for breakfast, can perk up any egg or muffin. The high quality protein value that beef provides is recognized by nutritionists. Beef contains all the essential amino acids which help to make up the complete protein your body needs for maintenance and repair. Beef also contains rich B-vitamins. And beef is an excellent source of iron, especially important for growing children and women. Try adding broiled beef burgers, beef soup or beef breakfast sausage to wake up a breakfast. Here is one different idea, try it soon.

Beef Breakfast Biscuits

1 lb. ground beef 2 tbsp. catsup
1 envelope onion soup 2 (10 oz.) cans refrigerated biscuits
1/4 tsp. thyme 2 tbsp. wheat germ

Combine beef soup mix, thyme and catsup. Separate biscuits and flatten each to 3 1/2 inch circle. Sprinkle about 1/4 teaspoon wheat germ on 10 flattened biscuits. Moisten edges with water and place 2 tablespoons beef mixture in center. Top with remaining biscuits and press edges together to seal. Place on baking sheets and bake in a hot oven, (400°) for 20 minutes.

Carol Scroggins
Director Of Consumer Affairs
P.O. Box 1479
Houston, TX 77251

MISS BECK ASSORTED FORMULAS

Hair Spray

9 OZ.

\$1.99

GOODNEWS DISPOSABLE

Razors

6 PACK

\$1.79

ROLL-ON ANTIPERSPIRANT REG. OR UNSCT.

Dry Idea

1.5 OZ.

\$2.09

ALOE & LAMUN LOTION

Jergens

12 OZ.

\$2.19

REG. MUSK OR LIME STICK DEOD.

Old Spice

3.75 OZ.

\$2.79

ASPRIN FREE SINUS MEDICINE

Dristan

24 CT.

\$2.99

GOOD VALUE SHOWER BATH

Powder

13 OZ.

\$1.59

GOOD VALUE

Baby Oil

16 OZ.

\$1.89

RONZONI REG. OR THIN

Spaghetti

1 LB. PKG.

.69

SUAVE

Shampoo or Conditioner

16 OZ. BOTTLE

\$1.29

RAINBOW

Applesauce

15 OZ. JARS

2/.79

TRUE VALUE CUT

Asparagus

14 OZ. CAN

\$1.29

GOOD VALUE

Cashews

13 OZ. JAR

\$4.79

MC CORMICK GROUND

Black Pepper

4 OZ. TIN

.99

CAREFREE REG. OR DEODORANT 30 CT. BOX

Panty Shields

\$2.49

BEIGE, WHITE OR GOLD SOAP

Safeguard

5 OZ. BARS

2/.99

QUAKER HALFSIES

Cereal

12 OZ. BOX

\$1.19

QUAKER HALFSIES

Cereal

16 OZ. BOX

\$1.79

RED TAG SALE

HEINZ ANNUAL

FREE BURGER GIVEAWAY

CHECK FOR DETAILS AT PARTICIPATING STORES...

Mail-In Certificate

Sweepstakes Entry

Please enter my name into the "Free Hamburger for a Year" Sweepstakes. No purchase is required to enter sweepstakes only. (See official rules below.)

Refund Offer

Mail in this certificate, the meat weight label from hamburger, two neck labels from 32- or 44-oz. Heinz Ketchup and one label from each of the following Heinz products to receive the desired hamburger coupon. Only one proof-of-purchase from each of the following Heinz products is allowed: Pickles, Gravy, 57 Sauce, Relish, Barbecue Sauce or Worcestershire Sauce.

CHECK ONE:

1. 57 HAMBURGER COUPON—Enclosed are two 32- or 44-oz. Heinz Ketchup labels and one other Heinz label listed above.

2. 57 HAMBURGER COUPON—Enclosed are two 32- or 44-oz. Heinz Ketchup labels and two other Heinz labels listed above.

3. 57 HAMBURGER COUPON—Enclosed are two 32- or 44-oz. Heinz Ketchup labels and three other Heinz labels listed above.

4. 57 HAMBURGER COUPON—Enclosed are two 32- or 44-oz. Heinz Ketchup labels and four other Heinz labels listed above.

My Name _____

Address _____

City _____

State _____ Zip _____

NAME OF STORE (where purchased) _____

This certificate must accompany request. One refund per family or household. MUST BE POSTMARKED BY JULY 1, 1983. Mail to: MEATREPSURF OFFER, P.O. BOX 3284, MAPLE PLAZA, MN 55363. Allow 6-8 weeks for mailing and handling. Void where prohibited, taxed or restricted. Heinz is not responsible for mailing delays.

HEINZ SAUCE

Worcestershire

10 OZ. BTL

.79

HEINZ

Genuine Dills

46 OZ. JAR

\$1.99

HEINZ REG. OR HICKORY SMOKE

B.B.Q. Sauce

16 OZ. BTL

.89

HEINZ SWEET

Relish

9.75 OZ. JAR

.59

\$1.00 OFF FABRIC SOFTENER

Fab Detergent

171 OZ. BOX

\$5.99

6* OFF

Ajax Cleanser

21 OZ. CAN

.59

FOR TOUGH TO CLEAN LAUNDRY

Wisk Liquid

16 OZ. BTL

.99

ALL FABRIC

Biz Bleach

30 OZ. BOX

\$2.09

LIQUID

Joy Detergent

22 OZ. BTL

\$1.29